



FLORHAM PARK SENIOR CITIZENS CLUB NEWSLETTER



PRESIDENT'S MESSAGE

Is it just me, or does this winter seem to be colder and windier than past years? With Spring just around the corner, we fortunately (keep your fingers crossed) haven't had any major snow storms. As we look forward to warmer weather, our Senior Citizens Club and Senior Center have activities scheduled for the upcoming months to keep everyone engaged.

On March 14th, we'll have our 2nd annual Pi Day Social at the Senior Center. Join us for delicious treats as we honor the mathematical constant π (pi) with, what else, pie! This is a fantastic opportunity to enjoy a slice with your friends and fellow members. The Friday movie will start right after the Social.

Both BJ's membership events had great turnouts with a total of 74 signups. Residents were able to obtain discounted memberships and our Club will get \$5 for each basic membership. Thanks go out to Angela DiLorenzo for organizing the events in collaboration with the BJ's marketing representative.

If you haven't already done so, please send in your 2025 membership dues to Lorraine Boyd. One of the benefits of continuing your membership is a \$10 lower price on the Spring Luncheon. A renewal form is included in the newsletter.

Congratulations to Tammy Verderber on her well-deserved promotion to Florham Park's Recreation Director. Tammy has been an invaluable member of our community and a strong supporter of senior activities.

Trips, socials, entertainment, exercise programs and dance parties are all on tap in the coming months. So, be sure to mark your calendars so you don't miss out. We look forward to seeing you at one of our upcoming events.

Paul

DAY TRIPS

Forms for the upcoming trips can be obtained at the Senior Center or at the Recreation Dept.



All trips leave from the Florham Park pool parking lot.

April 8th

Doo Wop Oldies Show at the Shore Club, Spring Lake.

Enjoy the Fabulous Reflections Show Band. A fun trip filled with food, oldies music and dancing. Departs 9:45 a.m. - returns 5:30 p.m. Lunch and a one hour open bar is included in the FP resident price of \$114.

May 9th

Wind Creek Casino

Departs 8:30 a.m. and returns at approximately 5:00 p.m. The FP resident price is \$29 which includes \$25 slot play.

June 26th

River Queen Cruise & Point Pleasant

Cruise along the inland waters of the Manasquan River, lunch at a local restaurant and a stop at Delicious Orchards on the way home. FP resident price of \$112.

Keep In Touch

If you can't make our meetings or visit the Senior Center, stay in touch by calling Eileen Cerrato at 973-822-2296.

She is a great listener and a knowledgeable resource for our seniors.

Eileen sends get well cards and sympathy cards. Please update her on information regarding our club members.

Thank you!



WELCOME NEW MEMBERS

Nancy Damico - - Sterling Drive

Dorothy Liberato - Rosemary Court

Rae Wade - Townsend Drive



The Senior Center

Will be closed on Friday, April 18th.

Executive Committee Officers

Paul Chase - President

973-822-0031

Angela DeLorenzo - Vice President

973-377-4996

Rosemary Schumacher - Treasurer

973-822-0559

Christine Davidson - Secretary

973-377-3713

Committee Members

Lorraine Boyd - Membership

Eileen Cerrato - Telephone Tree & Good & Welfare

Pat Chase - Newsletter

Angela DeLorenzo - Publicity

Joelyn Hoferer - Seniors Helping Seniors

Mary Anna Kleban - At-large

Annemarie Landishman - Hospitality

Bob McCoy - At-large

Carol Padden - At-large

Senior Center

Diane Guido - Site Supervisor

Phone: 973-520-8984

UPCOMING EVENTS

Membership Meetings - Meetings are generally held on the second and fourth Wednesdays of the month at 11 am at the Florham Park Community Center.

- **March 12th** - No Membership meeting.
- **March 14th - Pi Day Event** at the Senior Center at 12:00 pm.
- **March 26th** – The presentation on “**Laughter is the Best Medicine**” will provide insights into the positive benefits that laughter has on the body and the mind. It strengthens your immune system, boosts your mood and protects you from damaging stress. The presentation and refreshments are provided by HomeWatch Care Givers.
- **April 4th - Happy Friday Dance Party**, 11:30 am to 1:30 pm at the Florham Park Community Center.
- **April 9th** - Joel Farkas, volunteer docent and tour guide for the National Park Service, will give a lecture on the **Revolutionary War**. We will learn more about the founding of our country and the extraordinary people that contributed to the country we have today. Light refreshments will be served.
- **April 23th** - Cassidy Dock, from Atlantic Health, will present an educational program titled “**Memory - Remember Not to Forget**”. She will detail the complex way our memory enables us to process our environment and improve behavior. Learn how we store and retrieve memory and the three stages of memory: sensory register; short-term memory; and long-term memory. Snacks and refreshments will be provided.

Bingo - Every Tuesday at 1:00 pm at the Senior Center.

Senior Exercise, Chair Yoga, Qi Gong and Healthy Bones -

These programs provide fitness and focus on a healthy life style for seniors. Registration forms are at the Senior Center.

FP Library - Second Sundays Series, 2:00 pm - 3:00 pm.

- March 9th: 3 Visionary Women/ 3 Great Museums

- April 13th: Lost Art of the Titanic

Movies - Every Friday at 1:30 pm at the Senior Center. On March 14th, the movie will start after the Pi Day event.

MAKE MATH FUN AGAIN!



FRIDAY, MARCH 14th

Our second annual Pi Day Celebration will be held at the Florham Park Senior Center.

Please stop by from 12:00 p.m. to 1:30 p.m. to enjoy a slice of delicious pie and a fun visit with friends.

Coffee and tea will also be served.

MEMBERSHIP

If you haven't already, please pay your 2025 Florham Park Senior Citizen Club dues. A form is included in this newsletter.

Don't miss out on all the perks of being a member! Please fill out the form and remit today.

Dues paid after April 1, 2025 are subject to a \$15 late fee.

Thank you for being a member!



THE FLORHAM PARK LIBRARY

In celebration of Women's History Month, the Library will host **Janet Mandel** as she presents "Three Visionary Women/Three Great Art Museums."

Janet's talk will explore the legacies of three remarkable women—Isabella Stewart Gardner, Helene Kröller-Müller, and Peggy Guggenheim—who each founded iconic art museums.

DANCE PARTY



Come to the Florham Park Community Center on Friday, April 4th from 11:30 am -1:30 pm for a dance performance and dance party.

Given by the Ridgedale Middle School Peer Group Leaders, this Community Outreach program will be fun and encourage you to join in. Light refreshments will be provided.

BLOOD PRESSURE SCREENING



Public Health Nurse, Jean Vrablik, will be taking blood pressure readings before the general meetings at 10:30 a.m. on March 26th and April 9th.

Mark Your Calendars

Daylight Saving Time - Sunday, March 9th

Tax Day - Tuesday, April 15th

Earth Day - April 22nd

Spring Luncheon - Wednesday, June 11th



Music By Steve & Rich

Steve Brozyna (guitar) and Rich Bogart (bongos) will play at the Senior Center on the following Mondays at 1:30 p.m.:

March 10th and 24th
April 7th and 21st



The Florham Park Historical Society

On Tuesday, March 11th, from 6:30 pm to 8:30 pm, a program, "Mrs. Bennett Follows the Continental Army" will be presented in the Florham Park Library, in the Akhoury Room.



APPLY NOW FOR PROPERTY TAX RELIEF

At our last general meeting Patrice Visco, Florham Park's CFO, informed us about the new tax relief form.

Seniors, aged 65 and older, as well as disabled homeowners, now will have the ability to apply for three state property tax relief programs by filling out a single application due to changes made by the New Jersey Department of the Treasury.

The combined property tax relief programs form, PAS-1, will be mailed to residents, and will also be accessible online at propertytaxrelief.nj.gov.

The application will determine one's eligibility for ANCHOR, Senior Freeze, and the first round of **StayNJ**. StayNJ is a new program that's designed to cut property taxes by 50% (up to \$6,500) for senior citizens who earn less than \$500,000 per year.

The combined application has a deadline of Oct. 31, 2025. New Jersey, though, plans to start distributing benefits in July 2025 on a rolling basis. Funding for these property tax relief programs is dependent upon NJ State budget approval.



INCLEMENT WEATHER

Your safety is important to us. In the event of inclement weather, please act responsibly and be accountable for your own personal safety.

Inclement weather can occur year round due to ice, snow, hail, extremes in temperature or winds, flooding, etc.

If a state of emergency is declared, please do not leave your home. If you are unsure if the Senior Center is open, please call the Center at 973-520-8984.

We will do our best to keep you informed by email.



HAPPY BIRTHDAY



MARCH

Valerie	McCoy	3/1
Prem	Tuli	3/1
Charlene	Ghegan	3/3
Bettie	Adams	3/5
Angela	DeLorenzo	3/6
Susan	Kortman	3/8
Joyce	Perillo	3/8
Susan	Nixon	3/12
Marsha	Huber	3/13
Betsy	Jackson	3/13
Marie	Damiano	3/15
Marie	Rackley	3/20
Mark	Feldman	3/21
Angela	Margotta	3/21
Thomas	Dennison	3/24
Meiling	Chung	3/29



APRIL

Cheryl	Rubinfeld	4/1
Lora	Savin	4/1
Anne	Alvarez	4/2
Patricia	Feldman	4/3
Cindy	Vrablik	4/3
Rosemary	La Rocca	4/4
Pat	Bianco	4/6
Myron	Kleban	4/6
James	Faulkner	4/8
Barbara	Taylo	4/9

Manny	Rodrigues	4/10
Barbara	Tarencz	4/10
Marie	Giordano	4/13
Barbara	Kotel	4/14
Meryl	Nadell	4/14
Nellie	White	4/14
Dorothy	Nutkis	4/15
Thomas	Padden	4/17
Barbara	Kotel	4/19
Jim	Damiano	4/20
Christine	Davidson	4/22
Gerard	Salvato	4/23
Alan	Abramson	4/25
Brian	Tighe	4/26
Marcia	Kraus	4/27
Richard	Davidson	4/30
Cookie	Lipin	4/30

----- PLEASE CUT & MAIL IN -----

2025 MEMBERSHIP RENEWAL - REMINDER

Florham Park Senior Citizens Club Annual Dues - \$15.00 per member*

***Members age 90 or older in 2025 will send in this form, but not pay dues**

Please complete and return this form, including email address (if you don't have one, mark **none**) and circle an **area of volunteer interest**, with payment by **check** (no cash) made out to: "**Florham Park Senior Citizens Club**". Please put "2025 Membership" in the memo section of check.

Mail to: Lorraine Boyd, Membership Chair, 70 Hillside Avenue, Florham Park, NJ 07932

Name _____ **Email** _____

Address _____ **Check No.** _____

Phone No. _____ **Birthday** _____



Please circle ***at least one*** volunteer interest: **Membership**
General Meeting Helper **Newsletter** **Programs** **Trips & Tours**
Picnic Helper **Phone Tree** **Publicity** **Other** _____